



Infant Written Dietary Instructions

Age of Infant (circle) 12 mo. 13 mo. 14 mo. 15 mo.

Name of Child _____ Date _____

Feeding Schedule:

- Breakfast _____
- Snack _____
- Lunch _____
- Snack _____
- Dinner _____
- Snack _____
- _____

Developmental Milestones:

- Begins to feed self well, although still many spills.
- Eats table food with few modifications in texture.
- Weaned from bottle

Feeding Instructions:

- Review menu to determine if substitutions are needed).
- Attach any special dietary needs.

Parent Signature _____