



5595 Memorial Avenue  
Oak Park Heights, MN 55082  
651-439-0799  
**Child Care Program Plan**

All children will be supervised at all times.

Little Victories is Licensed for 110 children:

12 Infants: 6 weeks to 16 months  
28 Toddlers: 16 Months to 33 Months  
50 Preschool: 33 months – first day of Kindergarten  
20 School age: First Day of Kindergarten to 12 yearsOld

Little Victories provides flexible child care Monday through Friday from 6:00 a.m. to 6:30 p.m. Little Victories is closed on the following Holidays: New Year's Day, Labor Day, Memorial Day, Thanksgiving, the day after Thanksgiving, Independence Day and Christmas Day. If the holiday falls on a weekend, Little Victories will be closed on the adjoining weekday.

We strive to meet national credentials as set forth by the National Academy for Education of Young Children (NAEYC). Our curriculum will include components for growth in all areas of physical, emotional, social and cognitive learning. Little Victories focuses its curriculum on the changing needs of our community. We recognize the many cultures that are shared in our community and will promote intellectual, physical, social and emotional development in a manner consistent with your child's cultural background.

This childcare program was developed by the center's Director and other qualified teachers. It is reviewed and evaluated in writing annually.

Little Victories' goals and objectives are that every child has an opportunity to:

- Feel at home in our care.
- Participate in age appropriate activities that are teacher directed and child initiated both indoors and outdoors with a wide variety of equipment and materials, which will aid in the interaction of children.
- Learn and play in a safe, caring atmosphere with children of the same age under direct supervision at all times.
- Create positive and caring relationships with both children and adults.
- Develop a curiosity for the world around them by asking questions, trying new things, sharing ideas and feeling good about their efforts.
- Try things on their own as they develop good self-esteem and independence.
- Challenge their "whole" self through both physical and intellectual activities.

## **Infant Room – Little Lady Bugs**

Infants: 6 weeks to 16 months

Our teachers understand that all interactions are opportunities to connect with your child and stimulate their development. Holding, soothing, establishing eye contact, playing, singing, talking and responding vocally all help create an engaging and nurturing experience for your baby.

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We send home daily sheets updating you on your child's intellectual, physical, social and emotional progress and record their progress throughout the year. We schedule 2 conferences per year to review your child's growth and development but encourage an open dialog every day of the year.

Our infant curriculum includes:

### **Physical Development**

1. Encouraging movement such as rolling, scooting, crawling and walking with the use of a variety of tools supplied in the classroom.
2. Practicing balance with supportive sitting, swings, infant seats, chairs and most importantly with one on one support.
3. A variety of textured toys made especially for tiny hands, to help with dexterity, eye-hand coordination, grasping and sensory stimulation;
4. Many opportunities for independent exploration, encouraged through praise and gentle practice
5. Adequate rest – allowing sleep as needed and directed by the parents.

### **Emotional Development**

1. Ensure a feeling of security by responding to expressed needs.
2. Nurture your baby with genuinely cheerful smiles and comforting hugs;
3. Love and Care – touching, holding, changing, playing and holding during feeding.

### **Social Development**

1. Interaction – helping the children to play parallel with others in a supervised group.
2. Behavior skills – children cannot yet mediate themselves, therefore they may need to be redirected during disagreements.

### **Intellectual Development**

1. Share conversation with children through all interactions.
2. Repeat sounds your child makes and name objects your infant sees or picks up;
3. Acknowledge your child's feelings or sounds
4. Cognitive development is encouraged by demonstrating cause and effect.
5. Creative - allowing children to interpret the process so that the product as is individual as the child making it.

## **Toddler Rooms – Caterpillars and Busy Bees**

Toddlers: 16 months to 33 months

Our teachers introduce routines and offer positive guidance to help your toddler have the confidence to enjoy new experiences and practice new skills. Theme-based learning plans meet the needs of every child through a variety of activities. This atmosphere offers consistency and many opportunities for early reading, math, science, construction and imaginative play learning experiences.

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Our toddler curriculum includes:

### **Physical Development**

1. Large motor - encouraging movement through a variety of activities both indoors and out such as climbing, running, jumping, swinging, playing ball and other group activities.
2. Small motor – activities that encourage hand eye coordination such as stringing beads, cutting, pasting, and block building
3. Balance – provide creative movements, obstacles and group activities that encourage balance in our secure, monitored indoor and outdoor areas.

### **Emotional Development**

1. Independence – providing choices, encouraging self- motivation, and self-help skills
2. Self Esteem – positive reinforcement and encouraging self-exploration. Sharing of feelings, stories, and dramatic play.
3. Acknowledge and encourage empathy

### **Social Development**

1. Interactive skills – group activities both large and small, games, stories, music, dance and show & tell.
2. Cultivate a classroom culture of respect for children's needs and feelings;
3. Guide and model positive interactions for your children
4. Behavioral skills – Guidance and encouragement of problem-solving skills

### **Intellectual Development**

1. Language – encouraging speech, conversations, show & tell, storytelling and reading.
2. Cognitive – exploring nature, shapes and colors, books, puzzles, and matching games.
3. A variety of toys your child can stack, sort, match or count;
4. Creative – music activities, artistic expression, pre-writing opportunities and dramatic play.

## **Preschool Rooms – Dragonflies and Fireflies**

Preschool and Pre-K: 33 months - first day of KG

The Preschool Classroom is set up in centers with age appropriate materials for all children to be able to explore, learn and most importantly have FUN! Our curriculum is set up in thematic units that connect with all developmental learning areas. In our Pre-Kindergarten program, children will focus on mastering their kindergarten readiness skills. Our curriculum focuses on literacy, math, science, art, creative expression, large and small motor development, dramatic play, sensory, and social skills.

We schedule 2 conferences per year to review your child's growth and development but encourage an open dialog every day of the year.

Our Preschool and Pre-Kindergarten curriculums include:

### **Physical Development**

1. Large motor - indoor and outdoor play including climbing, jumping, lifting, kicking, riding and creative movement.
2. Small Motor – puppets, crafts, manipulation of toys and games.
3. Balance – provide creative movements, obstacles and group activities that encourage balance.

### **Emotional Development**

1. Independence – encouraging self- help, classroom planning and participation, and making choices.
2. Self Esteem – encouraging self-expression through activities and dramatic play. Positive feedback and a supportive environment.
3. Follow simple routines and rules, helping internalize a sense of structure
4. Develop means of self-expression and self-direction

### **Social Development**

1. Interactive skills – group activities both large and small, promoting an understanding of rights and responsibilities of others, mediation, music and dance.
2. Behavioral skills – discussion of limits and expectations through appropriate behavior in all daily activities.
3. Offering opportunities to practice increasingly complex problem-solving and critical thinking;
4. Create healthy, friendly peer relationships;

### **Intellectual Development**

1. Language – encouraging speech, conversations, reading books, and story telling
2. Phonetic awareness is promoted through books, songs and activities
3. Print concepts – such as letter and word recognition, and learning to track left to right and top to bottom – are illustrated and practiced
4. Cognitive – use of the alphabet, problem solving, counting, colors, calendar, time, science and nature exploration, math and board games.
5. Creative – exploration of art activities, music, dancing, dramatic play.

## **School-Age Room – Grasshoppers**

First day of KG through 12 years of age

The School-Age Classroom is set up in centers with age appropriate materials for all children to explore, learn and most importantly have FUN!. In our School-Age program, the focus is on the children having fun while involved in various cognitive, creative and physical activities. We focus on literacy, math, science, art, creative expression, large and small motor development, dramatic play, sensory, and social skills.

We schedule 2 conferences per year to review your child's growth and development but encourage an open dialog every day of the year.

Our School Age curriculum includes:

### **Physical Development**

1. Large motor - indoor and outdoor play including climbing, jumping, lifting, kicking, riding and creative movement and frequent field trips to local parks
2. Small Motor – using beadwork, small blocks, and various writing activities to improve fine motor development
3. Balance – provide creative movements, obstacles and group activities that encourage balance, as well as the various equipment available during trips to local parks

### **Emotional Development**

1. Independence and behavior skills– encouraging self- help, classroom planning and participation and making choices while learning to behave appropriately
2. Self Esteem – encouraging self-expression through activities and dramatic play maintaining positive feedback and a supportive environment
3. Develop means of self-expression and self-direction
4. Discover the self-fulfillment of contributing to the well-being of the group

### **Social Development**

1. Interactive skills – group activities both large and small, promoting an understanding of rights and responsibilities of self and others, mediation, music and dance
2. Create healthy, friendly peer relationships
3. Community- Learning about the community by going on field trips to explore the opportunities and resources in the community. Working to improve the community by volunteering to work at Valley Outreach (the local food shelf) a number of times throughout the year. Feeling a sense of empowerment by helping with fundraisers such as the MS Walk or other larger non-local events.

### **Intellectual Development**

1. Language – encouraging speech, conversations, reading books, writing for function and fun, and story telling
2. Reflecting on actions and reactions so that we can learn from our mistakes
3. Playing with games and blocks that enhance spatial relations knowledge
4. Cognitive – use of increasingly complex games and toys that involve math, reading, instructions, maps, science, and problem solving
5. Creative – exploration of art activities, music, dancing, dramatic play.

## **Environment**

Little Victories Child Center and Preschool has all classrooms self-contained. All of the interest groups required by licensing will be offered in each classroom. Large dramatic play equipment will be rotated from time to time to ensure variety in creativity.

The children will enjoy their snacks in the classroom. This provides a comfortable, calm area for mealtime, without the stress of another transition.

Weekly lesson plans will be posted in each classroom and may include music, dance, group time, calendar, arts and crafts, quiet time, games, large motor activities, cognitive and manipulative activities, dramatic play and many other activities.

Little Victories Flexible Child Center and Preschool will ensure that our activities are designed to promote the intellectual, physical, social, and emotional progress of each child. A schedule of activities will be posted in each classroom daily for parents review. We encourage child-provoked activities and make time available for these teachable moments in every day's lesson. Flexibility is the key to a well-balanced lesson plan.

A copy of this Child Care Program Plan is readily available for parents on request in the center's office.